



## Marojejy National Park Anjanaharibe-Sud Special Reserve



### Suggested Packing List

- § Raingear (all clothes and equipment in backpacks should be well enclosed in plastic bags)
- § Sturdy hiking shoes/boots (a second pair—sandals, for example—are nice for around camp)
- § Cool, lightweight clothes for hiking during the day
- § Warmer clothes for evenings (long sleeves and long pants are also good for mosquito protection)
- § Hat or cap
- § Sunscreen
- § Mosquito repellent
- § Toiletries and small towel
- § Toilet paper
- § First aid supplies (limited supplies are available at each camp in Marojejy)
- § Tent, foam pad, and lightweight sleeping bag (only if camping—beds, sheets, blankets and pillows are provided in cabins at Marojejy)
- § Cooking gear (only necessary in Anjanaharibe-Sud—all cooking supplies are provided in the camps in Marojejy)
- § Torch/flashlight or headlamp
- § Binoculars
- § Camera and film (extra batteries for digital cameras—the wet, humid weather shortens battery life significantly)
- § Water bottle with 1–2 liters water (good water is available at all three camps)
- § Water purification tablets or filter (water can also be boiled)

### Suggested Food List

This list will provide a fairly typical Malagasy menu (lots of rice!) for two visitors and one guide for a three-day trip. Use it as a guide only—people’s appetites and tastes differ, and food availability varies according to season. It is useful to prepare a meal plan to give to the cook ahead of time so he has an idea of what he will be cooking, how much, and when.

English	Français	Malagasy	Amount Needed	Where to Buy
Rice	Riz	Vary	15–20 kapoaka (cups)	Street
Bread	Pain	Mofo dupain	9 baguettes	”
Beans	Haricots	Tsaramaso	3–4 kapoaka (cups)	Market
Meat	Viande	Henan’omby	1 kg	”
Carrots	Carottes	Karoty	1 kg	”
Potatoes	Pommes de terre	Pomdetera	1 kg	”
Cucumbers	Concombres	Kokombra	2–3	”
Onions	Oignons	Tongolo	½ kg	”
Green Vegetables	Légumes	Anana	?	”
Fruit (in season)	Fruit (en saison)	Voankazo	?	”
Peanuts	Cacahuètes	Pistasy	?	”
Tomato Sauce	Sauce tomate	Sauce tomate	1 can	Shops
Canned Sardines/Tuna	Boîte de sardines/thon	Boatin’ny sardine/thon	2–4 cans	”
Vegetable Oil	Huile de table	Menaka sakafo	¼ liter	”
Salt and Pepper	Sel et poivre	Sira sy dipoavatra	1 sachet	”
Spaghetti/Pasta	Spaghetti/pâtes	Spaghetti/pâtes	?	”
Laughing Cow Cheese	Vache qui rit	Vache qui rit	?	”
Coffee or Tea	Café ou thé	Kafe na dite	?	”
Powered/Canned Milk	Lait en poudre/ en boîte	Vovoka ronono/ Ronono ny boaty	?	”
Sugar or Honey	Sucre ou miel	Siramamy na tantely	?	”